

Dungate Manor Care Home

Monthly Newsletter



Flanchford Road, Reigate Heath, Reigate RH2 8QT

Our boutique luxury home delivering individual care for our residents



Spring Time Sunshine

We've been making the most of the lovely spring weather by enjoying the sunshine outdoors. This month has been full of fun and laughter as we've welcomed the new season with a variety of games, lively dancing to shake off the winter blues, and lots of smiles all around.

We're also looking ahead with excitement as we plan for our Big Open Day on 18th June at 3:00 PM - we'd love for you to join us!



Hydration

June is Hydration Awareness Month, and we've been busy promoting the importance of staying hydrated for residents living with dementia and in elderly care.

To make hydration fun and engaging, we held an art competition and got creative with a friendly in-home contest to decorate our very own Hydration Station. Residents and staff came together to design bright, inviting, and encouraging spaces that make it easy - and enjoyable - to stay refreshed throughout the day.



We're always finding new ways to keep our residents engaged and active -and our Virtual Activity Board has been a big hit!

These activities aren't just fun - they also come with a host of benefits. Darts helps with hand-eye coordination and gentle physical movement, while word searches support memory, focus, and cognitive health.

We love seeing our residents take part with enthusiasm, laughter, and a shared sense of accomplishment!



Open Day June 18th 15:00

To book a viewing 01277 886 299 Alice@premiumcaregroup.co.uk